

Tulsa Duathlon
 COMPLETE INDIVIDUAL OVERALL RESULTS
 July 25, 2004 Tulsa, OK
 5K Run, 30K Bike, 5K Run

Results by ChampionChip Mid-South																			
Place	Div/Tot	No.	Name	Age	Code	Sex	Rank	Run1	Pace	T1	Rank	Bike	Rate	T2	Rank	Run2	Pace	Penalty	Final
1	1/3	36	Bryan Hayes	25	I	M	5	18:40	6:02	0:35	1	42:28	26.3	0:29	3	18:07	5:51		1:20:17
2	1/10	35	Scott Ostrem	37	I	M	4	18:39	6:01	0:38	2	44:51	24.9	0:36	5	18:54	6:06		1:23:37
3	1/7	34	Clint Bob	34	I	M	6	18:45	6:03	0:48	3	44:51	24.9	0:22	7	19:24	6:16		1:24:08
4	1/3	62	Scott Hollingsworth	19	I	M	3	17:47	5:45	0:33	7	48:32	23.0	0:23	2	17:49	5:45		1:25:02
5	2/10	17	Raul Barriga	36	I	M	2	17:18	5:35	0:51	8	48:38	23.0	0:36	4	18:40	6:02		1:26:01
6	2/7	6	Brian Kidd	33	I	M	10	19:13	6:12	0:43	5	46:54	23.8	0:37	20	21:37	6:59		1:29:01
7	1/7	20	Rich Chillingworth	53	I	M	17	19:57	6:27	1:07	4	46:41	23.9	0:41	12	20:54	6:45		1:29:17
8	2/3	63	Zachary Taylor	18	I	M	1	17:16	5:35	0:27	36	55:25	20.1	0:38	1	16:39	5:22		1:30:23
9	1/11	43	Steve Lea	49	I	M	11	19:13	6:12	0:29	9	49:58	22.3	0:22	13	20:54	6:45		1:30:55
10	1/9	3	Alan Brown	40	I	M	12	19:25	6:16	0:53	10	50:06	22.3	0:41	9	20:12	6:31		1:31:16
11		53	Hall/hall			T	9	19:11	6:12	0:23	27	52:52	21.1	0:19	6	19:16	6:13		1:31:59
12	2/9	47	Don Bennett	41	I	M	8	18:46	6:04	0:24	23	52:12	21.4	0:23	10	20:27	6:36		1:32:11
13	2/7	70	Randy Featherston	53	I	M	22	20:49	6:43	1:03	11	50:06	22.3	0:46	17	21:15	6:51		1:33:58
14	2/11	11	Richard Smarinsky	49	I	M	25	21:02	6:48	1:02	14	50:25	22.1	0:50	11	20:50	6:44		1:34:07
15	1/1	59	Joanna Fedick	22	I	F	14	19:32	6:18	1:03	28	52:58	21.1	0:55	8	19:55	6:26		1:34:21
16	2/3	44	Davis Hale	26	I	M	19	20:45	6:42	1:30	16	50:44	22.0	0:58	21	21:38	6:59		1:35:32
17	3/10	12	Kent Kelley	35	I	M	24	21:00	6:47	1:14	19	51:28	21.7	0:47	16	21:14	6:51		1:35:40
18	3/7	4	David Wonn	51	I	M	41	23:34	7:36	0:22	6	47:45	23.4	0:18	41	24:19	7:51		1:36:15
19	3/3	37	Chad Brown	27	I	M	39	22:50	7:22	0:33	12	50:11	22.2	0:40	27	22:41	7:19		1:36:54
20	4/10	54	Dennis Lyle	37	I	M	21	20:48	6:43	1:09	17	50:55	21.9	0:48	32	23:18	7:31		1:36:56
21	3/9	56	David Jordan	41	I	M	32	22:07	7:08	1:11	15	50:34	22.1	0:46	25	22:27	7:15		1:37:03
22	1/4	41	Denise Smart	41	I	F	33	22:09	7:09	0:59	13	50:19	22.2	0:49	29	23:00	7:26		1:37:15
23	5/10	52	Tom Hunt	36	I	M	15	19:39	6:21	1:01	35	54:41	20.4	0:52	14	21:08	6:49		1:37:19
24	2/4	32	Cheryl Thigpen	41	I	F	26	21:04	6:48	0:54	31	53:31	20.9	0:42	15	21:11	6:50		1:37:20
25	3/7	48	Tim Mason	32	I	M	31	22:06	7:08	1:16	18	51:04	21.9	0:53	33	23:22	7:33		1:38:39
26	6/10	45	Jack Phillips	39	I	M	27	21:30	6:56	1:55	21	52:05	21.4	1:10	24	22:17	7:12		1:38:56
27	4/9	61	Ron Ruyle	41	I	M	18	20:43	6:41	0:22	44	57:38	19.4	0:22	18	21:25	6:55		1:40:28
28	4/7	24	Brent Johnson	50	I	M	35	22:29	7:16	0:54	33	54:04	20.6	0:44	26	22:35	7:18		1:40:45
29	5/7	13	Robert Flint	52	I	M	38	22:50	7:22	1:06	20	52:03	21.4	1:13	38	24:05	7:47		1:41:15
30	3/11	1	Larry Rahmeier	46	I	M	37	22:35	7:18	0:44	32	54:00	20.7	0:42	37	24:05	7:46		1:42:04
31	1/3	39	Kathryn White	36	I	F	20	20:48	6:43	0:52	43	57:38	19.4	1:14	22	21:51	7:03		1:42:21
32	4/7	51	Matt Epperson	32	I	M	34	22:12	7:10	0:54	38	55:40	20.1	0:33	31	23:07	7:28		1:42:23
33	5/7	50	Clark Nolen	33	I	M	30	22:03	7:07	0:43	37	55:34	20.1	0:32	34	23:33	7:36		1:42:24
34	7/10	22	Phil Brashaw	38	I	M	40	22:58	7:25	1:11	40	56:01	19.9	0:47	30	23:03	7:27		1:43:59
35	1/1	46	Steve Corbett	55	I	M	49	25:19	8:10	1:08	26	52:33	21.2	1:03	36	24:05	7:46		1:44:06
36	8/10	18	John Sharpe	35	I	M	16	19:54	6:25	1:36	52	59:32	18.8	1:57	19	21:31	6:57		1:44:28
37	9/10	40	Clarence Pahl	36	I	M	29	21:50	7:03	1:14	42	56:59	19.6	0:39	42	24:20	7:51		1:44:59
38	1/1	30	Gary Parker	60	I	M	45	24:26	7:53	1:20	30	53:07	21.0	1:12	46	26:23	8:31		1:46:27
39	6/7	26	Larry Riley	50	I	M	42	23:58	7:44	1:38	45	58:07	19.2	0:47	35	23:40	7:39		1:48:09
40	1/2	25	Austin Riley	21	I	M	55	26:10	8:27	1:06	24	52:15	21.4	1:39	47	27:04	8:44		1:48:12
41	4/11	55	Buz Graves	49	I	M	43	24:08	7:47	1:36	41	56:47	19.7	1:42	39	24:14	7:49		1:48:25
42	5/11	31	Dennis Lambdin	47	I	M	23	20:55	6:45	1:58	55	1:02:20	17.9	1:51	23	22:14	7:11		1:49:16
43	5/9	10	Douglas Waldman	42	I	M	50	25:21	8:11	1:09	25	52:29	21.3	1:15	59	29:45	9:36		1:49:57
44	10/10	15	Mark Malaby	38	I	M	60	27:03	8:44	1:25	22	52:07	21.4	1:30	54	28:11	9:06		1:50:14
45	3/4	38	Sheryl Weatherford	41	I	F	36	22:35	7:17	0:38	58	1:03:51	17.5	0:25	28	22:49	7:22		1:50:16
46	6/11	58	Robert Mckenna	47	I	M	47	24:57	8:03	1:35	47	58:33	19.1	0:43	44	25:48	8:20		1:51:35
47	1/1	8	Don Nelson	65	I	M	62	27:57	9:01	1:01	34	54:22	20.5	1:01	53	28:00	9:02		1:52:20
48	1/1	64	Anne Marie Dunbar	19	I	F	46	24:41	7:58	1:22	53	1:00:05	18.6	1:01	45	25:59	8:23		1:53:06
49	7/11	60	David Crisp	49	I	M	28	21:40	7:00	0:59	48	58:42	19.0	2:08	63	31:45	10:15		1:55:12
50	6/9	68	Scott Varner	42	I	M	44	24:14	7:49	1:18	59	1:04:53	17.2	0:46	40	24:15	7:50		1:55:25
51	8/11	49	Jim Holt	45	I	M	51	25:47	8:19	1:22	50	59:19	18.8	1:07	51	27:59	9:02		1:55:33
52	6/7	27	Kirk Elam	30	I	M	53	25:57	8:22	1:54	51	59:21	18.8	1:26	55	28:35	9:14		1:57:12
53	9/11	42	Jim Beach	49	I	M	61	27:38	8:55	1:13	39	55:43	20.0	0:58	64	32:06	10:22		1:57:35
54	7/7	66	Roger Walker	51	I	M	59	26:54	8:41	2:24	49	59:09	18.9	1:09	57	28:49	9:18		1:58:22
55	7/9	14	Bill Watson	40	I	M	63	28:16	9:07	2:24	56	1:02:30	17.9	0:50	43	24:47	8:00		1:58:44
56	2/3	69	Lori Hauge	39	I	F	48	25:08	8:07	1:46	57	1:03:35	17.6	1:24	50	27:55	9:01		1:59:47
57	1/3	7	Davidson/fiddler			T	57	26:29	8:33	0:27	61	1:05:22	17.1	0:26	48	27:31	8:53		2:00:13
58	2/3	29	Elam/lawson			T	58	26:34	8:34	0:29	62	1:05:37	17.0	0:22	49	27:50	8:59		2:00:51
59	4/4	57	Pam Hughes	44	I	F	66	29:04	9:23	1:58	46	58:18	19.1	1:44	60	29:53	9:39		2:00:56
60	3/3	67	Kristine Walker	39	I	F	54	26:02	8:24	2:51	60	1:05:03	17.2	1:49	56	28:48	9:18		2:04:31
61	10/11	33	Michael Avey	46	I	M	67	30:24	9:49	1:53	54	1:01:45	18.1	1:29	58	29:04	9:23		2:04:33
62	8/9	23	Rich Gouter	41	I	M	52	25:53	8:21	0:45	65	1:09:48	16.0	0:54	52	28:00	9:02		2:05:17
63	2/2	28	Travis Lawson	24	I	M	56	26:26	8:32	2:09	63	1:07:18	16.6	1:47	62	31:07	10:03		2:08:46
64	3/3	9	Fisher/harper			T	69	36:28	11:46	0:34	29	53:00	21.1	0:24	66	39:43	12:49		2:10:06
65	11/11	21	Mark Mathers	46	I	M	64	28:16	9:07	2:26	66	1:10:05	15.9	2:09	61	30:08	9:44		2:13:02
66	1/1	16	Arla Hanover	51	I	F	68	32:24	10:28	2:01	64	1:08:22	16.3	2:13	65	34:37	11:10		2:19:35
67	3/3	65	Raleigh Redard	17	I	M	7	18:46	6:03	0:58									
68	9/9	5	Ronald Gruver	43	I	M	13	19:29	6:18	0:23									
69	7/7	2	James Peck	31	I	M	65	28:43	9:16	1:48									